








URL <https://www.mills.com/>

## Quick facts

-  Company: Mills
-  Sector: Health
-  Product / service: Application
-  Type of data: Health
-  Origin: Finland





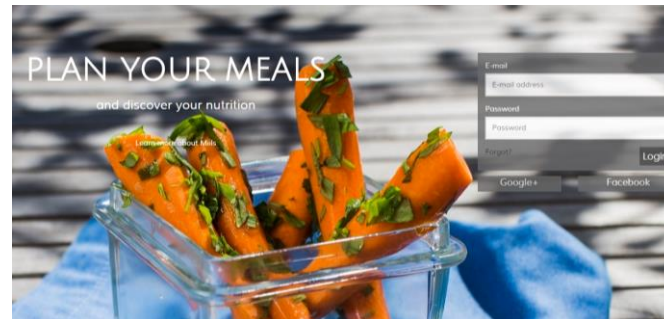
## Benefits

-  Find recipes with nutrition and allergy information.
-  Make a planning of your meals.



## How Open Data is used

-  Mills uses nutrition information of various food products. The recipes therefore contain detailed information on allergies and for diets.
-  Create own recipes based on the products you can have.



Discover

Browse through meal plans and recipes and find out how they fit to your nutrition needs.



Create

Or create your own recipes and meal plans - and find out how they fit to your nutrient needs.



Plan meals

Plan meals to your calendar. Choose from ready made or create your own. Mix and match. Get your shopping list.



Like and follow



Create your collection by liking recipes, meal plans and other users.



Switch measures

Switch between the US and metrics systems.

## Context

-  Make meal plans and add them to your calendar.
-  Mills also offers the possibility to create shopping lists. There is an option to switch measures between the US and metrics systems.

